#### 2024 Thyroid Ablation Master Class Program agenda

Date: 2024/11/24 (Sunday) 09:00 ~17:00

Location: Chang Gung Memorial Hospital, Linkou, Taiwan Organizer: The Endocrine Society of the Republic of China (Taiwan) Co-organizer: Division of Endocrinology and Metabolism, Chang Gung Memorial Hospital, Linkou, Taiwan

Time	Торіс	Speaker	Moderator
08.40.00.00		Registration	
08:40-09:00	Location: Intern	ational Conference Hall, Resear	ch Building 1F
		Opening Remarks	
00.00 00.10	Feng	g-Hsuan Liu (President of ESRC	DC)
09:00-09:10		Endocrinology	
	Chan	ng Gung Memorial Hospital, Lin	kou
		Wei-Yu Chou(周威宇)	Szu Tah Chan (陆田法)
00.10 00.40	The current criteria of thyroid	Endocrinology	Szu-Tain Cheli (床心建)
09.10-09.40	tumor ablation	Chang Gung Memorial	Tuchong Hogpital Taiwan
		Hospital, Linkou	Tucheng Hospital, Talwan
		Kai-Lun Cheng(鄭凱倫)	Shyang Dong Shih (佐知苾)
00.40 10.10	Basic anatomy and techniques	Radiology	National Taiwan University
09.40-10.10	for thyroid ablation	Chung Shan Medical	Hospital
		University Hospital	Hospital
10:10-10:30		Coffee Break	
	Introduction of microwave	Rainier Lutanco	Wai-Kin Chan (陳維健)
10:30-11:00	ablation and the Philippine	Head and Neck Surgery	Chang Gung Memorial
	Experience	The Medical City	Hospital, Linkou
	Tips for REA of the benign	So Lyung Jung	Chen-Kai Chou(周振凱)
11:00-11:30	thyroid nodule	Radiology	Kaohsiung Chang Gung
		Yeouido St. Mary's Hospital	Memorial Hospital
	$\Delta$ dyantages of Thyroid RF $\Delta$	Min Kyoung Lee	Shu-Yi Wang(王舒儀)
11:30-12:00	including Adjustable electrode	Radiology	Changhua Christian Hospital
	mendung rajustable electrode	Yeouido St. Mary's Hospital	Changhua Christian Hospitai
	-Lunch symposium-		
	A Cost-Effectiveness Analysis	Chih-Yuan Wang (王治元)	Feng-Hsuan Liu(劉鳳炫)
12:00-12:50	of First-Line Combination Use	National Taiwan University	Chang Gung Memorial
12.00 12.00	of Linagliptin (TRAJENTA®)	Hospital	Hospital Linkou
	and Metformin in Patients with	riospitui	
	Type 2 Diabetes Mellitus in		

	Taiwan		
	Move to Surgical Training Acad	emy and Research Center, Resea	arch Building 8F
	Complications of the moid	Yu-Hsuan Li(李宇璇)	He-Jiun Jiang(姜和均)
13:10-13:40	complications of thyroid	Taichung Veterans General	E-DA Hospital, E-DA
	adiation	Hospital	Healthcare Group
		Wai-Kin Cha	n(陳維健)
12.40 14.00	Introduction of simulation	(Secretary Gene	eral of ESROC)
15:40-14:00	model	Endocr	inology
		Chang Gung Memor	rial Hospital, Linkou
		Kai-Lun Cher	ug(鄭凱倫)
	Handa an tuainin a	Yan-Rong Li	i(李晏榮)
14.00 17.00	Hands-on training:	He-Jiun Jiang	g(姜和均)
14:00-17:00	Location: Surgical Training	Chia-Luen Hua	ung(黃嘉崙)
	Academy and Research Center	Yu-Ling Lu	(呂毓苓)
		Wen-Chieh Ch	en(陳玟潔)

#### Kai-Lun Cheng, MD, PhD

2012~ Attending Radiologist, Department of Medical Imaging, Chung Shan Medical University Hospital, Taichung, Taiwan
2023~ Assistant Professor, School of Medicine, Chung Shan Medical University, Taichung, Taiwan

#### EDUCATION

2000-2007 Department of Medicine, Chung Shan Medical University, Taichung, Taiwan2022 PhD. National Chung Hsing University, Taichung, Taiwan

#### POST-GRADUATE TRAINING

2007-2010 Residency in Department of Medical Imaging, Chung Shan Medical University Hospital, Taichung, Taiwan 2010-2011 Chief Resident in Department of Medical Imaging, Chung Shan Medical University Hospital, Taichung, Taiwan 2015/01-2016/01 Visiting scholar, Asan Medical Center, Seoul, Korea

#### PROFESSIONAL SOCIETY

Member of Radiological Society of the Republic of China Member of Neuroradiological Society of Taiwan Member of Taiwan Academy of Tumor Ablation International member, Korean Society of Ultrasound in Medicine International member, Korean Society of Radiology

#### SPECIALTY

Diagnostic Neuroradiology.

Radiofrequency ablation for thyroid nodules (including benign nodules, papillary thyroid microcarcinoma and recurrent papillary thyroid cancer), parathyroid adenoma and head and neck tumors.

Percutaneous ethanol injection for thyroid cyst.

#### **Basic Anatomy and Techniques for Thyroid Ablation**

Thyroid ablation procedures require a thorough understanding of thyroid and perithyroidal anatomy. The thyroid gland is situated in the neck, surrounded by vital structures like the trachea, esophagus, and critical neurovascular components such as the recurrent laryngeal nerve, vagus nerve, and carotid artery. Proper imaging, especially ultrasonography, is essential for identifying these structures and avoiding complications during procedures. Two key techniques used in thyroid ablation are the trans-isthmic approach, where the electrode is inserted through the isthmus to minimize damage to surrounding structures, and the moving shot technique, which involves segmental ablation of the thyroid nodule to ensure comprehensive treatment and reduce thermal damage. Advanced techniques, like hydrodissection, are also employed to separate the thyroid from adjacent critical structures, enhancing safety and preventing complications. This presentation will further explore these topics and explain the techniques in detail.

#### **2024Thyroid Ablation Master Class**

#### 演講者 CV 格式

Title	Dr. 🗌 Prof.	Degree	M.D. 🗌 Ph.D
中文姓名	周威宇	Email	weiyumd@gmail.com
First Name	WEIYU	Last Name	СНОО
單位	Chang Gung Memorial ho	spital	
部門	Endocrinology and	職務	Attending physician
	metabolism		

#### 學歷

年份	學校/系所	學位
2002/09-2010/06	長庚大學/中醫學系雙主修醫學系	學士

#### 經歷

年份	機構/單位	職務
2018/07~迄今	林口長庚醫院/內分泌暨新陳代謝科	主治醫師
2019/07 – 2020/07	中華民國骨質疏鬆學會	副秘書長

#### 研究領域

1 Minimal invasive intervention of thyroid nodules

#### 論文 (5 important publications - latest sequence)

1	Li YR, Chou WY, Chan WK, Cheng KL, Sun JH, Liu FH, Chen ST, Liou MJ.
	Successful Applications of Food-Assisted and -Simulated Training Model of
	Thyroid Radiofrequency Ablation. Front Endocrinol (Lausanne). 2022 Mar
	31;13:809835.
2	Chou WY, Li YR, Chan WK, Chen ST. Association of diabetic ketoacidosis,
	severe hypoglycemia and glycemic control among children and young adults
	with type 1 diabetes mellitus treated with premixed versus basal-bolus insulin
	with type 1 diabetes mellitus treated with premixed versus basal-bolus insulin therapy. Biomed J. 2018 Dec;41(6):348-355.
3	with type 1 diabetes mellitus treated with premixed versus basal-bolus insulin therapy. Biomed J. 2018 Dec;41(6):348-355. Chou WY, Li YR. Brown tumours of the spine presenting with acute urine

#### The current criteria of thyroid tumor ablation

甲狀腺腫瘤消融的治療標準

Wei-Yu Chou

周威宇

Department endocrinology and metabolism Chang Gung memorial hospital Linkou branch, Taoyuan City, Taiwan

林口長庚紀念醫院 內分泌暨新陳代謝科

Thyroid tumor ablation is a critical intervention in the management of thyroid disorders, and its criteria have evolved over time in response to advances in medical technology and a deeper understanding of thyroid pathology. This abstract provides an overview of the current criteria used for thyroid tumor ablation.

The criteria for thyroid tumor ablation are multifaceted and are influenced by factors such as tumor size, histology, location, patient age, and comorbidities. Recent developments in imaging modalities, particularly ultrasound and fine-needle aspiration cytology, have improved the precision of diagnosing thyroid tumors and assessing their characteristics. Additionally, the advent of minimally invasive techniques, such as percutaneous ethanol injection (PEI) and radiofrequency ablation (RFA), has expanded the options for ablative therapies.

In the context of benign thyroid nodules, the criteria for ablation have evolved to accommodate various techniques. High-Intensity Focused Ultrasound (HIFU), a non-invasive and precise method, is considered when nodules cause symptoms, cosmetic concerns, or are suboptimal candidates for surgery. Radiofrequency Ablation (RFA) is favored for solid and cystic nodules with similar indications, while Microwave Ablation (MWA) is gaining prominence for larger lesions. Ethanol Ablation remains a suitable choice for cystic nodules, offering a minimally invasive option.

In conclusion, the current criteria for thyroid tumor ablation reflect a patient-centered approach, leveraging technological advancements and tailored therapeutic strategies. A thorough assessment of each patient's condition and close collaboration among healthcare providers are crucial in determining the most suitable ablation approach for thyroid tumors. Further research and clinical trials are warranted to refine these criteria and enhance the efficacy of thyroid tumor ablation procedures.



# **Rainier Yu Lutanco**

# **Objectives**

Head and Neck, General and Cancer Surgeon with a passion for teaching.



# Work experience

# January 05 2015 - December 01 2020 **East Avenue Medical Center, Department of Surgery**

Visiting Consultant

- Increased overall proficiency in Head and Neck Surgery among resident trainees
- Averages 20-30 1st assist among resident trainee staffin complicated Head and Neck surgical cases

### February 02 2015 -

Chinese General Hospital and Medical Center (CGHMC)

Head, Section of Thyroid and Endocrine Surgery, Department of Surgery

02 Aguinaldo St., Ayala Heights Village, Pansol, resident trainees. Quezon City, NCR, 1108, Neck cases Philippines

- Increased overall proficiency in Head and Neck surgery among
- Averages 25-30 1st assists with resident trainees in complicated Head and

### **October 03 2016 -**

### **Ospital ng Makati (OsMak), Department of Surgery**

Medical Specialist 1 (Full-Time)

- Active Member of Training Committee 2019 Present
- Helped increase overall proficiency in Head and Neck Surgery among resident trainees through intraoperative supervision and whiteboard lectures and discussions
- Performed the 1st Transoral Endoscopic Thyroidectomy in OsMak
- Averages 40-50 1st assists per year as training of the Resident staff

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### January 02 2017 -The Medical City (TMC)

Section Head, Section of Head and Neck Surgery, Department of Surgery

- Active Member of Training Committee 2019 Present
- Helped increase overall proficiency in Head and Neck Surgery among resident trainees
- Performed the 1st Transoral Thyroidectomy in The Medical City
- Averages 25-40 1st assist with resident trainees in Head and Neck Surgery cases
- Started the Fellowship Training Program in Head and Neck Surgery in 2024

### January 01 2018 - March 01 2024

### **Rizal Medical Center (RMC), Department of Surgery**

Section Chief, Section of Head and Neck Surgery, Department of Surgery

 Helped increase overall proficiency in Head and Neck Surgery among resident trainees through intraoperative supervision and whiteboard lectures and discussions.

- Performed the first Transoral Endoscopic Thyroidectomy in RMC.
- Performed the first Pharyngolaryngoesophagectomy in RMC.
- Averages 20-30 1st assists a year with the residents and fellow trainees.

### June 01 2022 -

### **Chinese General Hospital and Medical Center**

Assistant Head, HMO Concierge

Formulate and implement policy, processes and protocols to increase overall HMO patronage in CGHMC

### November 01 2023 -

### **Chinese General Hospital and Medical Center**

Deputy Director for Clinical Services, Quality Management Team

May 31 2024 -CCMA

Head Faculty and Lead Organizer, China Conference Microwave Ablation, Philippines

Started the first International Thyroid Ablation Training Center in the Philippines

# **Education**

### June 19 1995 - March 31 1999 **Xavier School**

High School

Honorable Mention

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### June 14 1999 - April 04 2003 **University of the Philippines - Manila**

College

• BS Biology - Cum Laude

## January 01 2009 - December 31 2013 **University of the Philippines - Philippine General Hospital**

Residency

- Department of Surgery
- General Surgery

June 15 2009 - April 04 2008

### **University of the Philippines - Manila, College of Medicine**

Medicine

• Doctor of Medicine

## January 01 2014 - December 31 2014 **University of the Philippines - Philippine General Hospital**

Fellowship

- Department of Surgery
- Head and Neck Surgical Oncology

July 06 2015 - December 04 2015

**Azienda Ospedaliero Universitaria Pisana, Pisa, Italy** 

Sub-Specialization

• Minimally Invasive Thyroid and Parathyroid Surgery

### September 10 2018 - July 25 2021 **Ateneo Graduate School of Business**

Masterals

• Masters in Business Administration in Health

# Languages

Chinese (Mandarin) Chinese (Fookien) English Filipino (Tagalog)



- Thyroid and Parathyroid Surgery
- Minimally invasive thyroid and parathyroid surgery
- Scarless Thyroidectomy
- Maxilla, Mandible, Submandibular and Parotid Gland, Neck Dissections, Pharynx and Laryngeal Surgery
- General Surgery
- Laparoscopic and Cancer surgery


# **Societies and Positions**

Secretary, Philippine Academy for Head and Neck Surgery, Inc. Secretary, Head and Neck Surgery Board of the Philippines Examiner, Philippine Board of Surgery

Fellow, Philippine College of Surgeons Fellow, Philippine Society of General Surgeons Fellow, Surgical Oncology Society of the Philippines Fellow, Philippine Academy for Head and Neck Surgery

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A → Scholars → So Lyung Jung

#### So Lyung Jung

Catholic University of Korea



Co-Authors Top-cited by Top-citing

So Lyung Jung has a total of 204 co-authors. Here are the top co-authors by number of shared publications:

Bum-Soo Kim

Department of Radiology, College of Medicine, Seoul St. Mary's Hospital, The Catholic University of Kore	ea,
Seoul, Republic of Korea	

23 shared publications

Kook-Jin AhnDepartment of Radiology, College of Medicine, The Catholic University of Korea, Seoul, Korea20 shared publicationsHyun Seok ChoiDepartment of Radiology and Research Institute of Radiological Science and Center for Clinical Imaging<br/>Data Science, Yonsei University College of Medicine, Seoul, Republic of Korea16 shared publicationsJinhee JangDepartment of Radiology, College of Medicine, Seoul St. Mary's Hospital, The Catholic University of Korea,<br/>Seoul, Republic of Korea14 shared publications

<u>Chan Kwon Jung</u>

Department of Hospital Pathology, College of Medicine, The Catholic University of Korea, Seoul, Republic of Korea

8 shared publications

Ji-Hoon Kim

Department of Radiology, Seoul National University Hospital, Seoul National University College of Medicine, Seoul, Republic of Korea

7 shared publications

Publications Analysis

From 2014 V To 2024 V

Publications in 2014-2024



#### Open Access Publications in 2014-2024



#### **Publication Types**

All-time publication data.

Туре	Publications	%
JOURNAL-ARTICLE	<u>59</u>	98.3%
BOOK-CHAPTER	1	1.7%

#### **Top Subjects**

All-time publication data.

Subject	Publications
Endocrinology & Metabolism	<u>33</u>
Cardiology	<u>22</u>
Lung Cancer	<u>17</u>
Vascular Disorders	<u>17</u>
Brain Imaging	<u>10</u>
Oncology	<u>9</u>
Neuromuscular Disorders	<u>7</u>
Musculoskeletal & Nerve Cancer	<u>6</u>

Publications
<u>4</u>
<u>4</u>

#### **Top Source Titles**

All-time publication data.	
Source Title	Publications
Korean Journal of Radiology	<u>8</u>
Journal of the Korean Radiological Society	<u>7</u>
Ultrasonography	<u>5</u>
Journal of the Korean Society of Radiology	<u>4</u>
American Journal of Neuroradiology	<u>3</u>
Head & Neck	<u>3</u>
Journal of the Korean Society of Magnetic Resonance in Medicine	<u>3</u>
Thyroid®	<u>3</u>
Cancers	<u>2</u>
International Journal of Hyperthermia	<u>2</u>

Citation analysis 🥐

#### All-time citation data.

Total Citations	1,102
Total Publications	60
Average Citations	18.37
Cited Publications	43
Cited Publications %	71.7%
Self Citations	32
Self Citations %	2.9%

#### **Scholar Metrics**

#### Citations per year

#### All citations in 2014-2024



**Citation Distribution** 

#### All-time citation data.

4

Q3	21.5
99%	131.5
Max	151

**Citation Origins** 

#### All-time citation data.

Citing Source Titles	<u>322</u>
Citing Publishers	<u>103</u>

#### **Collaboration Analysis**

88 *M* 

Publications in 2014-2024.



Collaboration type	Publications	Percentage	
International collaboration	1	2.3%	
Domestic inter-organizational collaboration	<u>23</u>	53.5%	
Domestic intra-organizational collaboration	<u>16</u>	37.2%	
Single authorship (no collaboration)	<u>3</u>	7.0%	

#### Latest Publications

Sort by Newest 🗸

Website 🖸

Google Scholar 🛛

П

#### Malignancy risk of indeterminate lymph node at the central compartment in patients with thyroid cancer and concomitant sonographic thyroiditis

by Jung Hyo Rhim, Ji Ye Lee, Sun-Won Park, Younghen Lee, So Lyung Jung, Tae Jin Yun, Eun Ju Ha, Jung Hwan Baek, Jinna Kim, Dong Gyu Na*, et al.* 

BackgroundTo evaluate the malignancy risk of sonographic (US) indeterminate lymph node (LN)s at the central compartment in thyroid cancer patients with US-thyroiditis (ST).MethodsAmong the central compartments of suspicious, indeterminate, and probably benign LN US categories, the malignancy rates were compared between ST and non-US-thyroiditis (non-ST) groups. Those of indeterminate category were compared with suspicious and probably benign categories.ResultsAt 531 central compartments from 349 patients, the malignancy rate was lower in ST group (34.4% [44/128]) than non-ST group (43.4...



#### Open Access

Website 🛽

Google Scholar 🛽

1 January 2024 Published by <u>XMLink</u> in <u>Journal of the Korean Society of Radiology</u> Vol. 85 (3), 618-630 <u>https://doi.org/10.3348/jksr.2023.0056</u>

#### The Comparison of Efficacy and Safety between Radiofrequency Ablation Alone and Ethanol Ablation Followed by Radiofrequency Ablation in the Treatment of Mixed Cystic and Solid Thyroid Nodule

#### by Min Gang Jo, Min Kyoung Lee, Jae Ho Shin, Min Guk Seo, So Lyung Jung

조민강, et al. J Korean Soc Radiol. 2024 Jan;85:e20. https://doi.org/10.3348/jksr.2023.0056

#### **Open Access**

Website 🖸

Google Scholar 🛛

1 January 2024

Published by <u>XMLink</u> in <u>Journal of the Korean Society of Radiology</u> Vol. 85 (1), 184-196 <u>https://doi.org/10.3348/jksr.2023.0065</u>

Diagnostic Performance Using a Combination of MRI Findings for Evaluating Cognitive Decline



#### by Jin Young Byun, Min Kyoung Lee, So Lyung Jung

변진영, et al. J Korean Soc Radiol. 2024 Jan;85(1):184-196. https://doi.org/10.3348/jksr.2023.0065

**Open Access** 

Website 🖸

Google Scholar 🛛

1 January 2024 Published by <u>XMLink</u> in <u>Korean Journal of Radiology</u> Vol. 25 (2), 199-209 <u>https://doi.org/10.3348/kjr.2023.0577</u>

#### Comparison of the Therapeutic Efficacy and Technical Outcomes between Conventional Fixed Electrodes and Adjustable Electrodes in the Radiofrequency Ablation of Benign Thyroid Nodules

Cited by 1

by Jae Ho Shin, Minkook Seo, Min Kyoung Lee, So Lyung Jung

Shin JH, et al. Korean J Radiol. 2024 Feb;25(2):199-209. https://doi.org/10.3348/kjr.2023.0577

**Open Access** 

Website 🛽

Google Scholar 🛽

31 May 2023

Published by <u>Korean Society for Bone and Mineral Research</u> in <u>Journal of Bone Metabolism</u> Vol. 30 (2), 201-207 <u>https://doi.org/10.11005/jbm.2023.30.2.201</u>

#### A Rare Case of Hyperfunctioning Lipoadenoma Presenting as a Cystic Pararthyroid Lesion

#### by Jinyoung Kim, Ohjoon Kwon, Tae-Jung Kim, So Lyung Jung, Eun Ji Han, Ki-Ho Song

A 58-year-old woman visited the hospital complaining of fatigue and indigestion lasting for more than 3 months. She had no medical history other than taking a calcium plus vitamin D supplement for osteopenia. The initial blood test showed a high calcium level of 14.0 mg/dL. Additional tests were performed to differentially diagnose hypercalcemia. The blood test results were as follows: serum parathyroid hormone (PTH)=247.0 pg/mL, PTH-related peptide <1.0 pg/mL, phosphorous=2.6 mg/dL, 25-hydroxy-vitamin D=14.5 pg/mL, creatinine=1.09 mg/dL, and 24 hr urine calcium=215 mg/dL. A 4.5 cm sized cystic lesion ...



1 January 2023 Published by <u>Springer Nature</u> p. 731-742 <u>https://doi.org/10.1007/978-981-99-6782-7\_84</u>

#### Ultrasonography of the Thyroid Gland

by So Lyung Jung

#### Open Access

Website 🛽

Google Scholar 🛽 🖉

1 January 2023

Published by XMLink in Journal of the Korean Society of Radiology

Vol. 84 (5), 1009-1016 https://doi.org/10.3348/jksr.2023.0077

### Training of Radiofrequency Ablation for Thyroid Nodules in Korea: Current and Future Perspective

#### by Hye Shin Ahn, So Lyung Jung, Jung Hwan Baek, Jin Yong Sung, Ji-Hoon Kim

고주파 절제술(radiofrequency ablation)은 미세 침습 치료술의 한 방법으로 양성 갑상선 결절과 갑상선 재발암 환자에서 수술적 치료를 대신하여 이용되고 있다. 국내에서는 2002년 세계 최초로 갑상선 결절에 대한 고주파 절제술을 시작하여, 2008년에는 대규모 연구 결과를 발표하였다. 2009년 대한갑상선영상의학회(Korean Society of Thyroid Radiology)는 고주파 절제술에 대한 첫 권고안을 만들었으며, 2012년과 2018년에 이를 개정 하였다. 대한갑상선영상의학회의 지침서는 갑상선 결절의 고주파 절제술에 대한 세계 최초의 지침서로 국내 및 국외에서 갑상선 고주파 절제술을 시행하는 시술자들을 위한 지침이 되었다. 이 지침서들은 한국 및 전 세계 ...

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Cited by 13

1 January 2023

Published by <u>The Korean Society of Radiology</u> in <u>Korean Journal of Radiology</u> Vol. 24 (1), 22-30 <u>https://doi.org/10.3348/kjr.2022.0894</u>

#### Standardized Imaging and Reporting for Thyroid Ultrasound: Korean Society of Thyroid Radiology Consensus Statement and Recommendation

by Min Kyoung Lee, Dong Gyu Na, Leehi Joo, Ji Ye Lee, Eun Ju Ha, Ji-Hoon Kim, So Lyung Jung, Jung Hwan Baek

Lee MK, et al. Korean J Radiol. 2023 Jan;24(1):22-30. https://doi.org/10.3348/kjr.2022.0894

#### **Open Access**

Website 🛽

Google Scholar [

1 October 2022

Published by <u>Korean Association of Internal Medicine</u> in <u>Korean Journal of Medicine</u> Vol. 97 (5), 292-302 <u>https://doi.org/10.3904/kjm.2022.97.5.292</u>

#### 2021 Korean Thyroid Imaging Reporting and Data System (2021-K-TIRADS) and Imaging-Based Management of Thyroid Nodules: Korean Society of Thyroid Radiology Consensus Statement and Recommendations

#### by So Lyung Jung

The rate of detection of thyroid nodules and carcinomas has increased with the widespread use of ultrasonography (US), which is the primary imaging modality for the detection and risk stratification of thyroid nodules. The appropriate diagnosis and management of these patients is based on the risk factors related to the patients as well as the thyroid nodules. The Korean Society of Thyroid Radiology (KSThR) published consensus recommendations for US-based management of thyroid nodules in 2011 and revised them in 2016. These guidelines have been used as the standard guidelines in Korea. However, rece...

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1 July 2022		

Published by <u>Korean Society of Ultrasound in Medicine</u> in <u>Ultrasonography</u> Vol. 41 (3), 434-443 <u>https://doi.org/10.14366/usg.21221</u>

### Radiofrequency ablation of recurrent thyroid cancers: anatomy-based management

#### by Min Kyoung Lee, Jung Hwan Baek, Sae Rom Chung, Young Jun Choi, Jeong Hyun Lee, So Lyung Jung

Although differentiated thyroid cancer has an excellent prognosis and low mortality, its recurrence rate has been reported to be very high. While surgery is recommended as the standard treatment for recurrent thyroid cancer, reoperation may increase the incidence of complications due to fibrosis and anatomical distortion. In patients with high surgical risk or those who refuse repeated surgery, ultrasonography-guided ablation techniques including radiofrequency ablation, ethanol ablation, and laser ablation are suggested as alternative treatments. In this manuscript, we introduce an anatomy-based management concept f...

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#### Expertise related to UN Sustainable Development Goals

In 2015, UN member states agreed to 17 global Sustainable Development Goals (SDGs) to end poverty, protect the planet and ensure prosperity for all. This person's work contributes towards the following

#### SDG(s):



#### Fingerprint

Dive into the research topics where Min Kyoung Lee is active. These topic labels come from the works of this person. Together they form a unique fingerprint.



Automated Scoring of Alzheimer's Disease Atrophy Scale with Subtype Classification Using Deep Learning-Based T1-Weighted Magnetic Resonance Image Segmentation

Choe, Y. S., Kim, R. E. Y., Kim, H. W., Kim, J. Y., Lee, H., Lee, M. K., Lee, M., Kim, K. Y., Kim, S. H., Kim, J. H., Lee, J. Y., Kim, E., Kim, D. & Lim, H. K., 17 May 2024, In: Journal of Alzheimer's Disease Reports. 8, 1, p. 863-876 14 p.

Research output: Contribution to journal > Article > peer-review

Open Access			
O Image Segmentation	O Alzheimer's Disease	O Magnetic Resonance Imaging	O Deep Learning Method
O Mild Cognitive Impair	ment		

### Cerebrovascular Malformation Mimicking Recurrent Lymphoma on Dual Time-Point <sup>18</sup>F-FDOPA PET

Park, S. Y., Lee, M. K., Han, E. J. & Jeon, Y. W., 1 Mar 2024, In: Clinical Nuclear Medicine. 49, 3, p. 232-233 2 p. *Research output: Contribution to journal > Article > peer-review* 

O Fluorodeoxyglucose F 18	O Fluorine-18	O Fluorine 18	O Cerebrovascular Malformation
O Polyethylene Terephthalate	:		

Comparison of the Therapeutic Efficacy and Technical Outcomes between Conventional Fixed Electrodes and Adjustable Electrodes in the Radiofrequency Ablation of Benign Thyroid Nodules

Shin, J. H., Seo, M., Lee, M. K. & Jung, S. L., Feb 2024, In: Korean Journal of Radiology. 25, 2, p. 199-209 11 p. *Research output: Contribution to journal > Article > peer-review* 

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The Comparison of Efficacy and Safety between Radiofrequency Ablation Alone and Ethanol Ablation Followed by Radiofrequency Ablation in the Treatment of Mixed Cystic and Solid Thyroid Nodule

Jo, M. G., Lee, M. K., Shin, J. H., Seo, M. G. & Jung, S. L., May 2024, In: Journal of the Korean Society of Radiology. 85, 3, p. 618-630 13 p.

Research output: Contribution to journal > Article > peer-review

Open Access		
O Thyroid Nodule	Cosmetics	Adverse Event

#### A Fully Automated Visual Grading System for White Matter Hyperintensities of T2-Fluid Attenuated Inversion Recovery Magnetic Resonance Imaging

Rieu, Z. H., Kim, R. E. Y., Lee, M., Kim, H. W., Kim, D., Yong, J. H., Kim, J. M., Lee, M. K., Lim, H. & Kim, J. Y., May 2023, In: Journal of Integrative Neuroscience. 22, 3, 57. *Research output: Contribution to journal - Article - peer-review* 

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#### 演講者 CV 格式

#### 個人資料

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#### 研究領域

1	甲狀腺
2	糖尿病
3	

#### 論文 (5 important publications - latest sequence)

1	Li YH, Wu MH, Lee WJ, Lee IT. A Synergistic Effect between Plasma Dickkopf-1		
	and Obstructive Coronary Artery Disease on the Prediction of Major Adverse Cardiac		
	Events in Patients with Angina: An Observational Study. Biomolecules. 2022 Oct		
	2;12(10):1408. doi: 10.3390/biom12101408		
2	Li YH, Lee IT, Chen YW, Lin YK, Liu YH, Lai FP. Using Text Content From		
	Coronary Catheterization Reports to Predict 5-Year Mortality Among Patients		
	Undergoing Coronary Angiography: A Deep Learning Approach. Front Cardiovasc		
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	PMCID: PMC8918537.		
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	10.3390/diagnostics11061060. PMID: 34207578; PMCID: PMC8226455.		
4	Li, Y. H., Sheu, W. H., Chou, C. C., Lin, C. H., Cheng, Y. S., Wang, C. Y., Wu, C. L.,		
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5	Li, Y. H., & Lee, I. T. (2020). Hyperthyroidism and vascular cell adhesion		
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	17076. https://doi.org/10.1038/s41598-020-74267-7		

#### Complication of thyroid ablation

Li Yu Hsuan 李宇璇 Department of endocrinology,, Taichung Veteran General Hospital,, Taiwan 台中榮總 新陳代謝科

Thyroid nodule ablation is increasingly recognized as a minimally invasive alternative to traditional thyroid surgery for managing benign and small malignant thyroid nodules. Techniques such as radiofrequency ablation (RFA) and microwave ablation have demonstrated efficacy in reducing nodule size and alleviating symptoms while minimizing the need for open surgery. However, as with any medical intervention, thyroid ablation is associated with potential complications, which range from minor to severe. This speech aims to provide a comprehensive overview of these complications, their management, and strategies to mitigate risk.

One of the most commonly encountered complications is pain and discomfort at the ablation site. This is generally mild and transient, but patient education and effective use of local anesthesia are essential to ensure a comfortable experience. In rare cases, more intense pain may indicate deeper tissue damage, necessitating immediate evaluation.

Another frequent but typically minor complication is skin burns. These can result from the direct effect of the heat generated by the ablation probe. Proper positioning and real-time ultrasound monitoring are crucial to minimize this risk. Additionally, the use of percutaneous hydro-dissection, which involves the injection of saline or dextrose between the thyroid capsule and critical structures such as the esophagus, trachea, or recurrent laryngeal nerve, is an effective method to reduce the incidence of thermal injury.

Vocal cord paralysis, due to injury to the recurrent laryngeal nerve, represents one of the most concerning complications associated with thyroid ablation. This complication, though rare, can result in voice changes, dysphonia, and even airway compromise. Pre-procedural ultrasound mapping of the recurrent laryngeal nerve and meticulous intra-procedural monitoring are critical to prevent such outcomes. If nerve injury does occur, corticosteroid therapy and voice rehabilitation exercises can aid in recovery, but permanent damage is possible in severe cases. Hematoma formation is another potential complication, particularly when large vessels are inadvertently damaged during the procedure. Small hematomas are generally self-limiting and resolve with conservative management, while larger ones may necessitate surgical intervention to control bleeding and decompress the affected area. Meticulous needle placement and monitoring are essential to reduce this risk.

The thermal effect of ablation may also extend to surrounding structures, leading to tracheal injury or esophageal damage. These complications are rare but can result in significant morbidity if not promptly recognized and managed. Symptoms such as difficulty swallowing, voice changes, or respiratory distress should be immediately evaluated with imaging studies. In cases of suspected esophageal injury, early intervention with endoscopy and placement of protective measures such as stents may be necessary.

Another complication that warrants attention is the formation of a nodule recurrence or regrowth. Incomplete ablation or insufficient treatment may lead to the regrowth of the treated nodule, necessitating repeat procedures. Careful selection of ablation candidates, precise targeting, and sufficient energy delivery are essential to achieve durable results.

In conclusion, while thyroid nodule ablation offers a less invasive alternative with a favorable safety profile compared to traditional thyroidectomy, it is not without risks. A thorough understanding of potential complications, their early recognition, and prompt management are essential to optimizing patient outcomes. Emphasis on patient selection, operator experience, and adherence to meticulous procedural techniques can significantly mitigate these risks, making thyroid ablation a safe and effective option for patients with thyroid nodules. This speech will delve into these complications, providing insights into their mechanisms, management strategies, and preventive measures, underscoring the importance of continued education and skill development for practitioners performing these procedures.